

# GO PACK!

## HOW TO PREPARE FOR AN EMERGENCY



Emergencies can be dangerous and unexpected situations.

They can include bushfires, floods and storms.  
You may need to leave your home quickly.

There may not be much time to prepare.



You can get ready for an emergency before it happens.

Go Pack! is a bright green bag to pack your important belongings.

When an emergency happens, you can take the bag with you.

The bag is green because it reminds participants to Go!, in an emergency. Just like a green traffic light means go for a car. The bag is called Go Pack! because that's what it means.



Vivid and CLRS participants said what they wanted Go Pack! to look like.

Your carer or support worker can help you prepare for an emergency with Go Pack!



You can wear Go Pack! on your back.

The strings can be pulled together to keep your belongings safe.



The checklist on the bag tells you what to pack.

These include money, phone, medication, prescriptions, water, food and a care plan.

There are pictures and words to help you.

There is important information inside the bag.

- What to pack in an emergency fridge magnet.
- USB Card to save your care plan and other important documents
- Emergency Planning Worksheet
- First 72 Hours brochure



Participants helped pack the important information in the bags too.



Put the Go Pack! magnet on your fridge to remind you of how to pack for an emergency