



Supports
billed from
NDIS plan

2023 CREATIVE KITCHENS

Learn how to:

- plan meals on a budget
- prepare and present recipes using seasonal produce
- exercise safe food handling techniques
- manage safe kitchen hygiene
- follow the steps on packaged items
- measure ingredient quantities
- implement preparation techniques
- share your meal with your colleagues

Limited
spaces!

Tuesday 4 - 7pm

Term 1 31 January - 4 April

Term 2 2 May - 4 July

Term 3 11 July - 12 September

Term 4 3 October - 12 December



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